

# Inner Freedom Method™ Play Sheet

## Coaching Partner Call Agenda – Sessions 5-8

### After Session 5: Find the Perfection

Help each other find the perfection of challenges you are facing right now. How are they serving your intention to play big?

### After Session 6: Experience the Flow of Gratitude

You can't force this step. But, when you keep looking for the perfection of your past challenges and your current situation it usually happens on its own. Keep looking with each other.

### After Session 7: Pattern Language and Memory Pops

Go deeper into the biggest challenge in your life right now. Trust each other. Play with the language of your core intention and Now Play Big intention until you really have it.

### After Session 8: The World Within You

Discuss together what you are learning about the power of the subconscious mind and how to use it to power up your Play BIG intentions.